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### **Caring For Your Temporary Crown or Bridge**

What will the temporary feel like? Your temporary may feel somewhat rough in texture, as it is not as smooth as the enamel of a regular tooth. You can expect the final restoration to be smooth. Occasionally, there may be a *slight sensation to chewing pressure*. ***Please be sure to call us if this occurs.*** You may also experience sensitivity or tenderness around the gums and/or mild swelling and tenderness at or around the anesthetic injection site. If this occurs, it should disappear within one week. If these problems persist longer than one week, please contact our office.

The temporary must stay on: Your temporary restoration is held on with cement made to last for a few weeks, until your permanent crown/bridge is returned from the dental lab. **On occasion, the temporary can loosen or come off, if this happens call our office immediately;** as your tooth can become sensitive. Furthermore, your teeth can shift and/or move causing the final restoration not to fit. This could result in additional appointments, impressions, and fees.

To prevent the loosening of your temporary: **Do not chew anything hard, crunchy, and sticky (granola bars, nuts, caramel, chewing gum).** Floss carefully and be sure to remove the floss by pulling it through the side of the temporary and not back up as you would normally floss.

What to do if you're out of town or can't come in right away: Practice putting on the restoration (it can only go one way), rinse, dry it the best you can (using a cotton swab), place a small amount of a Poli-Grip type adhesive placed inside the temporary. This will give extra holding power until we can cement it for you. (The pharmacy may have an over the counter product as well).

The gums around the temporary must be kept very clean: This will help reduce bleeding when we place your permanent restoration(s). If your gums are unhealthy, it can make it impossible to cement the final crown, bridge, onlay or veneer.

***Do not hesitate to contact our office if you have any questions or concerns.***