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ORAL SEDATION POST-OPERATIVE INSTRUCTIONS

If you have any unusual problems or concerns please call our office!

- Go home and rest for the remainder of the day. Do not perform any strenuous activities.
- Do not attempt to eat a heavy meal immediately. If you are hungry, a light diet (liquids and toast) should be adequate. Be sure to drink plenty of fluids to keep hydrated.
- A feeling of nausea may occasionally develop after sedation. Lay down until you feel better.
- **Do not drive a motor vehicle** or perform any hazardous tasks for the remainder of the day (even if you think you feel fine).
- Do not consume alcoholic beverages for 48 hours following dental treatment.
- **Patient will need assistance** by a responsible adult with walking and using the restroom.
- Patients shall have a responsible adult stay with them and monitor them for at least 12 hours or until they recover the morning following their appointment.
- Drugs such as Tylenol, Advil, or Motrin are usually effective for mild pain and fever that may follow your surgery and anesthesia.

_____ has been released into my care. I have read the post operative
(Print Patient's Name)
instructions and fully understand my responsibilities.

Escort Signature

Print Name

Date