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Caring For Your Composite Restorations

The filling material is completely set after leaving the office. However, you are numb and should be careful eating and drinking. It is recommended to have a smoothie/milkshake until the anesthetic wears off (which could be several hours). Afterwards, you should resume your regular diet. While your mouth is numb, be careful not to bite your cheek, lip, or tongue. Occasionally, there may be some mild swelling and tenderness on or around the injection site. During the first few days there may be some slight sensitivity to temperature and/or tenderness. If symptoms persist longer than one week after the procedure, please be sure to call our office.

Do not hesitate to contact our office if you have any questions or concerns.